

Frostbite 2nd March 2014 - 400m swim and 5k run

Pos	Bib	Name	Club	Cat	400m swim	5k run	Total	
1	63	Rooprai, Pavan	Thames turbo	M	0:05:30	0:18:14	0:23:44	1st male
2	64	Burt, Matthew	Crawley Triathlon Club	MJ	0:05:31	0:18:15	0:23:46	1st male jnr
3	62	Gates, Nigel	none	M	0:07:42	0:18:07	0:25:49	
4	71	Wigmore, Steve	Horsham Amphibians	M	0:08:12	0:18:59	0:27:11	
5	65	Andrews, Max		MJ	0:06:25	0:20:54	0:27:19	
6	67	Towers, Anthony	Tuff Fitty Triathlon Club	M	0:06:28	0:21:17	0:27:45	
7	66	Cox, Graeme	Brighton Tri Club	M	0:07:04	0:21:21	0:28:25	
8	77	Fiddaman, Sarah		F	0:08:30	0:22:50	0:31:20	1st female
9	78	Ticehurst, Chris	Team THE	M	0:08:46	0:24:14	0:33:00	
10	72	Johnson, Clare	Horsham Amphibians	F	0:08:20	0:24:53	0:33:13	
11	69	Powell-Herlaar, Ellen		F	0:07:58	0:25:32	0:33:30	
12	85	Ledbetter, Gareth		M	0:10:55	0:24:14	0:35:09	
13	80	Stevens, Sandie	Horsham Amphibians Triathlon Club	F	0:10:24	0:25:21	0:35:45	
14	76	Scott, Elaine	Steyning AC	F	0:09:13	0:28:55	0:38:08	
15	70	King, Kirsten	Horsham Amphibians Triathlon	F	0:07:47	0:30:28	0:38:15	
16	79	Currie, Cairine		F	0:10:03	0:30:37	0:40:40	
17	86	Currie, Kirsten		F	0:11:31	0:29:50	0:41:21	
18	75	Vargha, George	Steyning AC	M	0:11:06	0:30:24	0:41:30	
19	81	Bullimore, Penny	Tuff Fitty Triathlon Club	F	0:11:10	0:32:16	0:43:26	
20	88	Kinsella, Sarah		F	0:13:36	0:30:40	0:44:16	
21	89	Green, Michelle	n/a	F	0:12:55	0:31:29	0:44:24	
22	84	Frost, Rebecca		F	0:11:40	0:35:05	0:46:45	
	87	Hartland, Joanne		F	DNS			
	83	Thomas, Paul	Brighton Phoenix	M	DNS			
	82	Dipple, Jo	Horsham Amphibians	F	DNS			
	74	Gibson, Guy		M	DNS			
	73	Kinnison, Rob	Horsham Amphibians Triathlon	M	DNS			